



TRAVESSA MALLORCA SERRA DE TRAMUNTANA



BRIEFING 2025



Fundació Mallorca Turisme
Consell de Mallorca





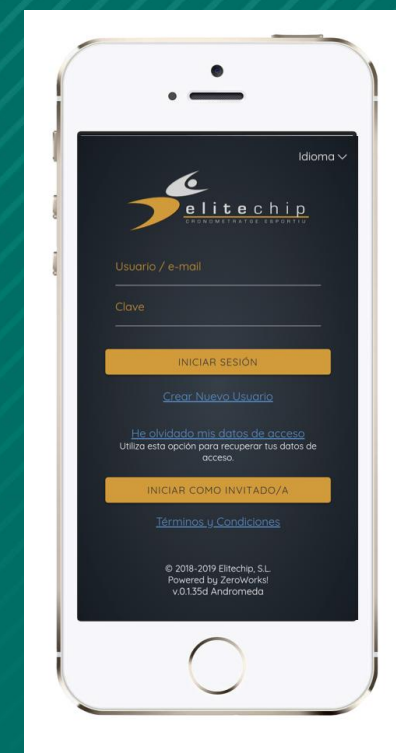
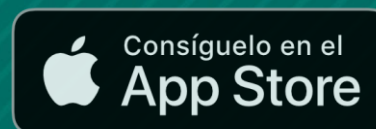
TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE TRACKING

Download ELITECHIP APP

- CHECK YOUR RACE BIB NUMBER
- CHECK YOUR RESULTS
- FOLLOW THE RACE
- SHARE YOUR RACE EXPERIENCE
- CHECK THE RACE SCHEDULE





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



DELIVERY OF BIBS

THURSDAY, APRIL 10

- Bib pick up from 3pm to 7pm at the **CANRUN store in INCA.**

FRIDAY, APRIL 11

- **From 16h to 20h for all participants. PLAZA TORÀ DE PEGUERA**

In case of not being able to pick up the bib within the established times and always under justified causes, you can pick up the bib another person following the following steps: Request via e-mail to web@elitechip.net requesting the collection for the authorized person (the deadline to request this option will end on April 1, 2025 at 23:59 h) Digital photocopy of the original ID of the runner owner of the bib. Proof of registration that can only be downloaded by the participant who owns the bib through the Elitechip APP.

In the case of collecting bibs of runners federated by the FEDERACIÓN BALEAR DE MONTAÑISMO Y ESCALADA FBME, a photocopy or a photo of the license must be presented. In case of not presenting the corresponding accrediting license, the competition insurance (8 euros) will have to be paid.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



PROGRAM

Friday, April 12:

- **17:30 h:** departure bus transfer from Torà square in Peguera to Pollença.
- **20:00h:** 1st Departure TMST - Traversa Mallorca Serra de Tramuntana 120 (obligatory departure for participants who have a lower pace or a race time of 25.00).
- **22:30h:** Transfer bus departure from Plaça Torà in Peguera to Pollença.

Saturday, April 12:

- **01:00h** 1st Start TMST - Traversa Mallorca Serra de Tramuntana 120 (start for professional or highly trained participants with an estimated cut-off time of -19 - 20:00 hours and relay teams).





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



PROGRAM

Saturday, April 12:

- **04:30h** Departure Bus Transfer from Plaça Torà in Peguera, by MTMST 70 KM.
- **06:30h** Start Media Traversa Mallorca Serra de Tramuntana - 70 km. **PORT** of Sóller – Peguera.
- **08:00h** Departure Bus Transfer from Plaça Torà in Peguera, by MTM 45 KM.
- **10:00h** Start Marathon Traversa Mallorca 45 km. Valldemossa - Peguera.
- **10:00h** Departure Bus Transfer from Plaça Torà in Peguera for MMTM 22 KM.
- **12:00h** Start Half Marathon Traversa Mallorca 22 km.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE INFORMATION

- The race will be electronically controlled by the MyLaps chip system. This chip will be incorporated into the race bib, so it cannot be manipulated in order not to interfere with the chip signal.
- The organization will place controls throughout the race to ensure that participants complete the course, in addition to recording the times of each participant. The route of the race runs along the GR-221 path, which will be marked with reusable tapes.
- Any participant who abandons the race during the course of the same, will have to withdraw at a refreshment post and hand in the race bib. In case of not withdrawing at a refreshment point, it will be OBLIGATED to notify the organization.
- The organization will make available to all participants several refreshment posts along the route with: water, isotonic, food and fruit. Each runner will have to bring his own glass or container since, in order to minimize the environmental impact, no glasses will be given to the refreshment posts.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE INFORMATION

Runners will have a time limit for each of the 4 distances that are part of the Travesía Mallorca Serra de Tramontana. Any participant who arrives out of time at a checkpoint will be disqualified. It will not be allowed to continue on the course or on his responsibility, he will have to deliver the dorsal and the chip and sign an explicit document of withdrawal that exists at each refreshment point.

IMPORTANT: it is only allowed the withdrawal or abandonment of the race at the checkpoints or refreshment posts. In case an athlete wants to abandon the race for any reason, he/she is obliged to communicate it at the refreshment point for safety reasons. In case of vital medical emergency or similar, the appropriate protocols will be activated.

For the rest of participants who opt for the withdrawal will have to calculate well the distance between refreshment posts in case of doubt, not to force unnecessary limit situations and have a control of withdrawn in the control center enabled by the event.





TRAVERSA MALLORCA SERRA DE TRAMUNTANA



RACE TIME LIMITS

These are the maximum times for each distance:

Traversa Mallorca Serra de Tramontana TMST – 120 km

Departure at 20:00 hours: Time limit 25:00 hours.

IMPORTANT: runners starting at this time will not be allowed to leave the KM 86 checkpoint in Esporles before 10:30 a.m. on Saturday, April 12, 2025. In the female category, the time at this point will be at 11:00 am. The stop time at the refreshment point in Esporles counts towards the runner's final time.

TMST - 120 km Departure at 01.00 hours: Time limit 20:00 hours.

IMPORTANT: runners who start at this time will have to comply with the cut-off times corresponding to this time, otherwise they will be disqualified.

TMST - 122 km Relay Start at 01.00 hours: Cut-off time 20:00 hours

IMPORTANT: runners participating in relays should be aware that the maximum time cut-off time of 20:00 hours will be applied (participants starting on Saturday, April 12 at 01:00h).





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE TIME LIMITS

- MTMST - Media Traversa Mallorca Serra de Tramuntana 70 / 72 km:
- 14:30 hores.MTM - Marathon Traversa Mallorca 45 / 47 km:
- 10:30 am.MMTM - Half Marathon Traversa Mallorca 22 / 23 km: 06:30 hores.



RACE TIME LIMITS TMST - 120

DEPARTURE TMST APRIL 11 AT 20:00h

Control	Punto km	Parcial km	RACE TIME LIMIT
POLLENÇA	0		
SANTUARI DE LLUC	19	19	11-4-25 23:38
SA FONTD'ES NOGUER	33,5	14,5	12-4-25 2:25
SOLLER	47	13,5	12-4-25 5:00
DEIA	62	15	12-4-25 8:08
VALLDEMOSSA	76	14	12-4-25 10:53
ESPORLES	86	10	Compulsory stop until 10:30h / 11:00 h female
PLANICIA	97	11	
COMA D'EN VIDAL	108	11	
ES CAPDELLÀ	117	9	
META PAGUERA	122	5	

DEPARTURE TMST 12 APRIL AT 01:00 am

Control	Punto km	Parcial km	RACE TIME LIMIT
POLLENÇA	0		
SANTUARI DE LLUC	19	19	12-4-25 4:00
SA FONTD'ES NOGUER	33,5	14,5	12-4-25 6:18
SOLLER	47	13,5	12-4-25 8:26
DEIA	62	15	12-4-25 10:49
VALLDEMOSSA	76	14	12-4-25 13:21
ESPORLES	86	10	12-4-25 14:58
PLANICIA	97	11	12-4-25 17:01
COMA D'EN VIDAL	108	11	12-4-25 18:51
ES CAPDELLÀ	117	9	12-4-25 20:20
META PAGUERA	122	5	12-4-25 21:00



TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE TIME LIMIT MTMST - 72 KM



DEPARTURE MTM - 72KM12
APRIL AT 06:30h

Control	Punto km	Parcial km	RACE TIME LIMIT
SOLLER	0	0	
DEIA	12	12	12-4-25 8:51
VALLDEMOSSA	26	14	12-4-25 11:35
ESPORLES	36	10	12-4-25 13:33
PLANICIA	47	11	12-4-25 15:57
COMA D'EN VIDAL	58	11	12-4-25 18:10
ES CAPDELLÀ	67	9	12-4-25 20:00
META PAGUERA	72	5	12-4-25 21:00





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE TIME LIMIT MTM - 44 KM



DEPARTURE MTM - 44KM12 APRIL AT 10:00h

Control	Punto km	Parcial km	RACE TIME LIMIT
VALLDEMOSSA	0		
ESPORLES	11	11	12-4-25 12:20
PLANICIA	22	11	12-4-25 14:53
COMA D'EN VIDAL	33	11	12-4-25 17:22
ES CAPDELLÀ	42	9	12-4-25 19:23
META PAGUERA	47	5	12-4-25 20:30





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



RACE TIME LIMIT MMTM - 21 KM



DEPARTURE TMST APRIL 12 AT 12:00h

Control	Punto km	Parcial km	RACE TIME LIMIT
COLL DE SA GRAMOLA	0		
COMA D'EN VIDAL	9	9	12-4-25 17:22
ES CAPDELLÀ	18	9	12-4-25 19:23
META PAGUERA	23	5	12-4-25 20:30





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



MANDATORY MATERIAL

All runners of the Travesía Mallorca Serra de Tramontana will have to carry a vital mandatory material that can be complemented with material recommended by the organization. Before each start and at some refreshment points, the judges will make a random safety check on some athletes to verify that they are carrying all the material. Otherwise, they will not be allowed to take the start or they will not be allowed to continue in the race and will be disqualified.



LOCATION OF REFRESHMENT AID STATIONS

- 1.- Santuari de Lluc: <https://maps.app.goo.gl/XjbbXvy7tHGTEj6n6>
- 2.- Font des Noguer: <https://maps.app.goo.gl/rKsW3qbgTLgyHZRk7>
- 3.- Sóller – Escola La Caridad <https://maps.app.goo.gl/oppngNs4Ubo5qwZW6>
- 4.- Deià – Refugi C’an Boi <https://maps.app.goo.gl/LwUwJa2udPvEJDJY9>
- 5.- Valldemossa – Escola D’arts <https://maps.app.goo.gl/vaUSTXwTzwDk7fS5A>
- 6.- Esporles – Casal Cotoner <https://maps.app.goo.gl/1Gn7jmpL6uF6gjHE6>
- 7.- Casal de Planícia <https://maps.app.goo.gl/82m3Rwk4JXhLN6xJ8>
- 8.- Refugi Sa Coma d’en Vidal <https://maps.app.goo.gl/VrfZgqZ6N1TSTU7e7>
- 8.1.- Sa Coma d’en Vidal
Sols per la Prova MMTM 22 km <https://maps.app.goo.gl/Wx7LT4LTYWQc7gtX7>
- 9.- Es Capdellà <https://maps.app.goo.gl/6KdBWEXZCLSpVPi6>
- 10.- Meta - Plaça Torà - Peguera <https://maps.app.goo.gl/G5mohyAZR7Rtbn4GA>



TRAVESSA MALLORCA SERRA DE TRAMUNTANA



MANDATORY MATERIAL TMST - 120 KM

- Camelback or fanny pack hydration system with a minimum capacity of one liter.
- White front light and red back light. In the Red Natura areas, no headlamp of more than 50 lumens or reaching more than 50 meters may be used, these areas will be properly marked with signs of the organization.
- Jacket with a hood that can withstand bad weather and made with a waterproof and breathable membrane (Goretex or similar). Minimum recommended 10,000 Schmerber.
- National Identity Card (DNI) or passport.
- Thermal blanket.
- Cell phone with battery and balance with the number of the organization recorded.
- Whistle.
- The bib number written on all ice packs, bars...Cup or container to drink at the refreshment posts (no cups will be served at the refreshment posts in order to reduce waste).
- Race bib and chip.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



MANDATORY MATERIAL TMST - 120 KM RELAY

- Minimum hydration system of 1 liter capacity.
- White front light and red back light.
- In the Red Natura areas, no headlamp of more than 50 lumens or reaching more than 50 meters may be used. These areas will be properly marked with signs of the organization.
- Windbreaker or raincoat. National Identity Card (DNI) or passport.
- Thermal blanket. Cell phone with battery and credit with the organization's number engraved on it.
- Whistle. The bib number written on all ice packs, bars... Cup or container to drink at the refreshment posts (no cups will be served at the refreshment posts in order to reduce waste).
- Bib and chip.
- Compulsory insurance.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA

SERRA DE TRAMUNTANA MALLORCA

PATRIMONI MUNDIAL



MANDATORY MATERIAL MTMST - 70 KM

- Hydration system with a minimum capacity of one liter.
- White front light and red back light. In the Red Natura areas, headlamps of more than 50 lumens or that reach more than 50 meters may not be used. These areas will be properly marked with signs of the organization (only necessary at the start, and the latecomers who pass the last refreshment after 19.00 h).
- National Identity Card (DNI) or passport.
- Thermal blanket.
- Cell phone with battery and balance with the number of the organization recorded.
- Whistle.
- The bib number written on all ice packs, bars...Cup or container to drink at the refreshment posts (no cups will be served at refreshment posts in order to reduce waste).
- Race bib and chip.



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TRAVESSA MALLORCA SERRA DE TRAMUNTANA



MANDATORY MATERIAL MTM - 70 KM i MMTM - 22 KM

- Hydration system with a minimum capacity of 0.5 liters.
- National Identity Card (DNI) or Passport.
- Mobile phone with battery and credit with the organization's number engraved.
- Whistle.
- The bib number written on all ice packs, bars, Cup or container to drink at the refreshment posts (no cups will be served at the refreshment posts in order to reduce waste).
- Race bib and chip.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



MATERIAL OBLIGATORIO

These races are in daytime format. It is not foreseen that the use of a headlamp will be necessary, although at the last refreshment point before the finish line, **no athlete will be allowed to follow without a headlamp once the sun has set (20:00 h).**

Material recommended by the organization (provided that it is not specified that it is mandatory for adverse causes such as weather):

- Food reserve
- Windproof or waterproof
- Jacket with a hood that can withstand bad weather and made with a waterproof and breathable membrane (Goretex or similar). Minimum recommended 10,000 Schmerber. In the TMST it is MANDATORY.
- Sun cream
- Bandage
- Vaseline
- Money
- Handkerchiefs
- Mountain footwear
- Technical clothing
- Hat
- Walking sticks (always with rubber tip)
- Watch or heart rate monitor



PRODUCTS AID STATIONS

	DRY FRUITS	Espaguett i Napolitana	CANDY	SOFT BREAD	CHOCOLATE CREAM	MERME LADE	CHEESE	SERRA NO HAM	HAM	Pizzas	SOUP	Gels Mega Raw Bar	Barritas Mega Raw Bar
SANTUARI DE LLUC	X		X	X	X	X	X	X	X		X	X	X
SA FONT D'ES NOGUER			X							X	X		
SOLLER	X	X	X	X	X	X	X	X	X		X	X	X
DEIA	X		X							X	X		
VALLDEMOSSA	X		X	X	X	X			X			X	X
ESPORLES	X	X	X	X	X	X	X	X	X				
PLANICIA	X		X									X	X
COMA D'EN VIDAL	X		X	X	X	X	X	X		X		X	X
COMA D'EN VIDAL	X		X										
ES CAPDELLA			X										
META PAGUERA	X	X	X										

*In all the snacks: Water, Coca-Cola, Megabar Raw Isotonic Drink, Bananas, Oranges, Dates, Dried apricots, candy, chocolate.

EXTERNAL HELP

In the distances of **TMST-120** and **MTMST-70** the athletes will be able to **receive external help** from a person in **all the official aid stations**. This person will have to be identified with the bib “SUPPORTER” that will be given with the race bib.

IMPORTANT!:

- The runners of the Travesía Mallorca Serra de Tramontana 120 will be able to get rid of the “**bag of life**” at the start, which they will find at the refreshment point of **Sóller (km 47 approx)** and finally at the refreshment point of **Esporles (km 86 approx)**. Afterwards they will be returned to the finish line.
- The runners of the Media Travesía Mallorca Serra de Tramontana 70 will be able to get rid of the “**bag of life**” that they will find at the refreshment point of Esporles (km 36 approx). Afterwards they will be returned to the finish line.
- The MTM Marathon Travesía Mallorca and the MMTM Half Marathon Travesía Mallorca are not allowed any kind of external help.
Nor is it allowed in any of the races to run accompanied by people outside the competition as hares both on foot and by bicycle.
The only exception is to receive help in case of an emergency medical condition.



TRAVESSA MALLORCA SERRA DE TRAMUNTANA



ABANDONMENTS I RESIGNED

For the proper control of the runners who are in the race and thus their safety, anyone who wants to withdraw will have to do so at a refreshment point.

There, in addition, you will find a free bus service with transfer to the finish line exclusively for runners (Your Vidal coma is excluded from this point).

In case of not being able to abandon at a refreshment point, due to a medical emergency or similar, the runner will have to notify the organization through the telephone numbers on the back of the race bib.

If his withdrawal outside the refreshment points cannot be justified as exceptional, the organization keeps the right of admission of this participant for future editions.

In any case, the participant will have to sign a document stating that he/she has decided to withdraw.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



ENVIRONMENTAL STANDARDS

The participation in any of the races of the Travesía Mallorca implies the knowledge and acceptance of these special environmental rules: Part of the race takes place inside protected areas that are home to sensitive and vulnerable flora and fauna and in which participants have to act with care and responsibility.

El uso de bastones está permitido únicamente con puntas de goma o los correspondientes tapones de goma.

➤ These areas will be duly identified with a sign: Fragile Natural Zone.

In these zones you CANNOT:

Use any type of sonorous element that can produce strident noises.

Leave the marked course.

Shouting or emitting loud sounds or noises.

Throw containers, wrappers and any kind of garbage or debris, neither in these areas nor in any other of the race.





TRAVESSA MALLORCA SERRA DE TRAMUNTANA



SANCTIONS

A series of penalties are established for race times, which will be applied according to the following scale:

1 penalty: 15 minutes penalty.

2 penalty: 30 minutes penalty.

3 penalty: 45 minutes penalty.

4 penalty: disqualification from the race and the impossibility to participate again in the race for a period of 2 years.

* Any person who uses a bib number of which he/she is not the owner and which is not linked to his/her ID number, will be automatically disqualified and will not be able to participate in the next edition of Travesía Mallorca Serra de Tramontana.



SANCTIONS

The various sanctions that may be subject to penalty shall be as follows:
INFRACTION:

1. Making any kind of cheating
2. Failure to attend to a runner in trouble.
3. Unsportsmanlike conduct towards other runners or the organization.
4. Disobeying the commissaries, refreshments, doctors or nurses.
5. Not wearing the obligatory non-vital equipment during the race.
6. Receiving external assistance outside the permitted points.
7. Leaving the route to shorten distances.
8. Throwing any kind of garbage, finding debris with the race bib number or not having the race bib number written on the wrappers.
9. Shouting or making loud sounds or noises in areas marked as fragile. Emitting, within Red Natura 2000 areas, light greater than 50 lumens or with a range greater than 50m.
10. Emitir, dentro de los espacios Red Natura 2000, luz superior a 50 lúmenes o de alcance mayor a 50m.

Infringements 7 and 8 (leaving the path and throwing debris), if committed inside protected areas, will have double the penalty.



TRAVERSA MALLORCA SERRA DE TRAMUNTANA



USEFUL INFORMATION

Each race will have a transfer service for runners from the finish area to the start. The cost will be 7€ and includes:

- Bus transfer from the finish area (Plaza de Tora) to the start of each of the distances of 122km (with two starts), 72km, 47 km, and 23 km (see schedules on page 4 and 5).

It can be purchased at the time of registration or at bib pick-up.

For the MMTM 23 km race, it will be mandatory to hire the bus service to the starting line during the online registration.

Due to the fact that it takes place in a protected natural area and for logistic and space reasons, and for obvious reasons, access to private vehicles will be restricted in the hours prior to the start.





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